

PROGRAM STRUCTURE
B.P.Ed (Bachelor of Physical Education)
PROGRAM CODE:- FPE001
AY: 2018-2019

SEMESTER-I (TOTAL - 7)			SEMESTER-II (TOTAL - 7)		
COURSE CODE	COURSE TITLE	L P U	COURSE CODE	COURSE TITLE	L P U
CC101	History, Principles and Foundation of Physical Education	4 0 4	CC201	Yoga Education	4 0 4
CC102	Anatomy and Physiology	4 0 4	CC202	Educational Technology and Methods of Teaching in Physical Education	4 0 4
CC103	Health Education and Environmental Studies	4 0 4	CC203	Organization and Administration	4 0 4
PC101	Track and Field (Running Events)	0 8 4	PC201	Track and Field (Jumping Events)	0 8 4
PC102	Gymnastics	0 8 4	PC202	Yoga	0 8 4
PC103	Indigenous Sports: Kabaddi and Kho-Kho	0 8 4	PC203	Racket Sports: Badminton and Table Tennis	0 8 4
PC104	Mass Demonstration Activities: Dumbbells, Tipri, Wands, Hoop, Lezium	0 8 4	TP201	Teaching Practices (Five lessons in class room teaching and Five lessons in outdoor activities)	0 8 4
YEAR-I			YEAR-II		
TOTAL UNIT- 28			TOTAL UNIT- 28		
SEMESTER-III (TOTAL - 7)			SEMESTER-IV (TOTAL - 7)		
COURSE CODE	COURSE TITLE	L P U	COURSE CODE	COURSE TITLE	L P U
CC301	Sports Training	4 0 4	CC401	Measurement and Evaluation in Physical Education	4 0 4
CC302	Computer Applications in Physical Education	4 0 4	CC402	Kinesiology and Biomechanics	4 0 4
CC303	Sports Psychology and Sociology	4 0 4	CC403	Research and Statistics in Physical Education	4 0 4
PC301	Track and Field (Throwing Events)	0 8 4	PC401	Swimming	0 8 4
PC302	Combative Sports: Martial Art and Judo	0 8 4	PC402	Team Games: Cricket and Football	0 8 4
PC303	Team Games: Volleyball and Basketball	0 8 4	TP401	Sports specialization: Coaching lessons Plans (One for Sports five lessons)	0 8 4
TP301	Teaching Practice: (Teaching Lesson Plans for Racket Sport/ Team Games/Indigenous Sports)	0 8 4	TP402	Games specialization: Coaching lessons Plans (One for Games five lessons)	0 8 4
YEAR-III			YEAR-IV		
TOTAL UNIT- 28			TOTAL UNIT- 28		


 Head of Institution
 KCEAT University Tripura
 Kamalghat, Tripura (West).

List of Elective Courses:

COURSE CODE	COURSE TITLE	L P U
EC102	Officiating and Coaching	4 0 4
EC201	Contemporary issues in physical education, fitness and wellness	4 0 4
EC301	Sports Medicine, Physiotherapy and Rehabilitation	4 0 4
EC402	Sports Management	4 0 4


Registrar,
ICFAI University Tripura
Kamalghat, Tripura (West)